Health Disparities among Hispanic Youth

Although significant progress has been made in providing access to healthcare, Hispanic youth are disproportionately affected by certain health conditions and face higher uninsured rates.

TOP HEALTH CONCERNS

<table>
<thead>
<tr>
<th>Youth Population</th>
<th>Obesity</th>
<th>Fact</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 in 4 U.S. Children are Hispanic</td>
<td>22% of Hispanic children are obese compared to non-Hispanic white children</td>
<td>Hispanic children are nearly twice as likely to be overweight compared to non-Hispanic white children</td>
</tr>
</tbody>
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Oral Health

13% of Hispanic youth have been diagnosed with diabetes compared to 6% of non-Hispanic white youth.

Activity

16% of latino youth are inactive compared to 13% of non-Hispanic white youth.

24% of Hispanic youth have untreated cavities.

BARRIERS TO BETTER HEALTH

Awareness

50% of parents of uninsured minority children are aware that their children are eligible for Medicaid and CHIP coverage.

Lack of Coverage

States with the highest uninsured Hispanic populations:
- CA: 231,000
- FL: 413,000
- TX: 368,000

Limited/English Proficiency

Language barriers can be a challenge to healthcare enrollment.

Health Literacy

Making informed health decisions is difficult with limited knowledge of insurance options and the health system.

Preventive Care

28% of Hispanic children age 6-19 have not had a visit in the past year for a well-child checkup, compared to 18% of non-Hispanic white children.

Pathways to Better Health

Get Free or Low-cost Health Coverage For Your Child

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Use the Dentist Locator to Find A Dentist In Your Community That Helps Kids and accepts Medicaid and CHIP.

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InsureKidsNow.gov